

St Bernadette's School

Friday 26 February 2021 — Term 1 Week 5 No. 5

Dear Parents.

Those parents who pick up their children at Tuckshop Terrace would have noticed our newest furniture addition. We have purchased 8 metal framed picnic seating sets for the older students to use at recess and lunch. So far, 4 sets are in operation with 4 more to be assembled very soon. They are a 'hit' with the students! Special thanks to Nick Gooley, Loui Abouhamad and Nancey Abouhamad for spending time assembling the sets on the weekend. We greatly appreciate their generosity of time and effort! All picnic sets would have been completed except the company didn't send enough nuts and bolts! Once we receive the outstanding bits we need, all picnic sets will be in operation. Thank you again.

While talking about additions and changes, Catholic Education Diocese Parramatta (CEDP) is financing a few upcoming projects to St Bernadette's:

- A weatherproof covering for the ramp has just gone to tender and construction should begin in the near future.
- A large bank of Solar panels will be installed to help reduce electricity costs for the school. They will be placed on the roof of the Multipurpose rooms as that is the highest point of the school with maximum sun exposure.
- Internal lighting throughout the school will be changed to LED lighting. This will not only be more energy efficient and cost effective though will make most of our rooms much brighter and appealing.

We are very grateful to CEDP for their financial support of these important projects. Thank you for your constant support and I hope you have a wonderful weekend.

Bianca Cooke - Principal

R.E. NEWS

TARAT

Through prayer we are being called into a dialogue with God. Lent is a time to focus on prayer, so we can build that relationship with God. A first step is that we need to make a commitment for a time and place to pray.

But how to pray? How to find God's voice inside our noisy minds and busy schedules? How to quiet down and listen? 'Lectio Divina' is an ancient form of prayer that's accessible to all. The church provides daily Scripture readings that can be the gateway to prayer.

Choose a daily reading and go through it slowly. Pause and recall a word or phrase that particularly speaks to you. Spend time reflecting on what moves you. Then slowly

read the entire text again to put the phrase into context and explore deeper meaning. You could read and reflect on this Sunday's Gospel, Mark 9:2-10 Jesus is Transfigured.



To help in your personal reflection you can use the following questions;

- a) Which part of the text did you like most or that touched you most? Why?
- b) How does the transfiguration take place and what is the reaction of the disciples to this experience?
- c) Why does the text present Jesus with brilliant clothes while he is speaking with Moses and Elijah? Who are Moses and Elijah for Jesus? Who are they for the disciples?
- d) What is the message of the voice from heaven for Jesus? And what is the message for the disciples?
- e) How can we transfigure, today, our personal and family life and the life of the community in our area?

As we continue upon our Lenten journey, we are invited to enter ever more deeply into this mysterious blend of divine love and suffering that lies at the heart of the Paschal Mystery.

Mrs Shane Robinson—REC

Week 6 Dates

Waste Free Recess &

Mon 1 March

8.30am Class Lines CEDP Netball Trials 3-4.30pm Motiv8sports

Tue 2 March 8-10am Uniform Shop (Emailed orders only) CEDP Rugby Trials

Fri 5 March

Band Lessons Yrs 3-6 & 8 Yr olds Cross Country

Sun 7 to Sat 13 March CATHOLIC SCHOOLS WEEK

Mon 8 March CEDP Hockey Trials

Tues 9 March

9.15am Open Day— Kindergarten 2022 Diocesan Swim Carnival

Fri 12 March

11.30am Open Day— Kindergarten 2022



ST BERNADETTE'S
PRIMARY CASTLE HILL
Enrolling now
for 2022

357 Old Northern Rd, Castle Hill 9407 6600 Register at

Student Council War on Waste initiative – Waste Free EVERY DAY

Parking Around the School

Parents are asked to be mindful of where they park before and after school. Please do not park in bus zones or in front of driveways. Remember you may need to park further away and walk into school if you cannot find an appropriate place to park. Please be respectful to our neighbours at all times.

Police have been alerted to this matter and regularly check school zones.

Entry to the school is via Brisbane Road **only**, not from Old Northern Road. Care must be taken at all times when driving through the car park and Kiss 'n Drop zone—children are around and their safety is our top priority. Please do not park in the kiss 'n drop zone in the morning. If you need to get out of your vehicle then you must find a parking space. Thank you for your assistance.

Communication

If at any time you have a question or problem, please do not hesitate to contact the school for assistance. You can do this via a phone call, email to the school's email address or a letter to the class teacher.

Any emails or phone calls for the class teacher will be directed to that person through the office. The class teacher will respond as soon as possible, within their usual hours of work.

If you require further assistance, you are welcome to contact the Stage Co-Ordinator via the school office or school email.

Kindergarten- Mrs Charmain Floody Years 1 & 2- Mrs Corena Laso Years 3 & 4- Mrs Shane Robinson Years 5 & 6- Mrs Karen Orsini

More Sport News: Diocesan AFL & Soccer

Congratulations to Samuel Lean-Fore & Isaac Frketic who have both been selected to trial for the MacKillop teams. Samuel will represent CEDP at the MacKillop trial for AFL being held in Wagga Wagga on Friday 26 March 2021

Wagga Wagga on Friday 26 March 2021. Isaac will represent CEDP at the MacKillop trial for Football (Soccer) being held in Goulburn on Friday 23 April 2021.

We wish both boys the best of luck.

Ilana Blazevic—PE Teacher & Sports Coordinator

KINDERGARTEN 2022 OPEN DAY

Tues 9 March—9.15am Fri 12 March—11.30am

Prospective parents are invited to attend one of our Open Days for Kindergarten 2022. Due to

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COVID restrictions this year, parents **MUST** register their interest on our website: <u>here</u>

A total of 30 people per session will be enforced. Therefore, in order not to miss out please inform any friends or relatives that are planning on coming to our Open Days that they need to register first. Enrolment packs will be available on the day. Enrolment forms are available to download from our website.

Existing families wishing to enrol their child into Kindergarten 2022 are asked to contact the school office before the end of February. All completed enrolment forms can now be submitted with all necessary paperwork by **Friday 2nd April 2021**. It is very important for our 2022 planning that we know how many siblings to expect. Your assistant in notifying the school is much appreciated.

Child Unwell

Just a reminder that if your child is sick to please keep them home and send a note/email on their return. If they have cold/flu like symptoms then please take them to a doctor. If the doctor requires them to have a COVID test please send the results to the school email prior to the child returning. If a COVID test is not required then please ask for a Doctors clearance note and send this to the class teacher. Thank you for your assistance.

NAPLAN 2021

Looking ahead to 2021 NAPLAN for Year 3 and 5: 25 March—Online practice to test technical capabilities. This will not be reported on and consists of a range of sample questions, testing all technical aspects of the test.

11 May—NAPLAN online opens for testing. 21 May—All NAPLAN tests must be completed, including any make-up papers.

Please ensure that students in Yrs 3 & 5 will be at school during the period 11 to 21st May 2021.

Student Leave

As part of the implementation of the formulated National Standards, holidays taken by students outside of school holiday periods will be included in Student Attendance Data as absences.

Parents are requested to complete an **Application for Extended Leave** form for absences of 5 days or more. This form is on our website: Parents/Notes from School/Administration Forms/Application for Leave. The form should be submitted to the principal for approval at least 3 weeks prior to any travel. Thank you for your assistance.

Congratulations to the following students receiving Social Skills Awards

KB	Jacob Lennon	Zoe Osborn
KG	Not for Publication	Olivia Foundas
KW	Not for Publication	Sophia Tran
1B	Jacob Woolford	Tahlia Baker
1 G	Sienna Kirkwood	William O'Byrne
1W	Thomas Bojanowski	Rebecca Chaccal
2 B	Oliver Thomson	Wilma Mormul
2 G	Nikolas Puleo	Annabeth Lean-Fore
2W	Abigail Symin	Leonardo Bird
3 B	Ewan Osborn	Tiffany Lavulo
3 G	Thomas Rendulic	Sophie Viloria
3 W	Aidan Jaucian	Grace Abdo
4B	Caleb Tan	Emma Sakkal
4W	Johnny Symin	Hayleigh Shek
5 B	Amelia Lavis	Marissa Zeaiter
5 G	Nathan Elias	Mia Parame
5 W	Savannah Jaucian	William McManus
6 B	Rhys Timbrell	Tahlia Haj
6 G	Isabella Perete	Sebastian Viloria
6W	Sienna Leuzzi	Alexander Nader

Zone Swimming Carnival

The Zone Swimming Carnival was held last Friday 19th February at Mt Druitt Swimming Centre. We had 22 students competing on the day and all swam amazingly. Congratulations to the following students who will represent St Bernadette's at the Diocesan Swimming Carnival being held on Tuesday 9th March at Blacktown Aquatic Centre:

Rachel Sahabu - 100m Freestyle, 50m Freestyle, 50m Backstroke, 50m Butterfly, Snr Girls Relay

Savannah Jaucian - 50m Freestyle, 50m Backstroke, 50m

Breaststroke, 50m Butterfly, Snr Girls Relay

Sophie Viloria - 50m Freestyle

James Sahabu - 50m Freestyle

Rafael Clemente - 50m Backstroke

Sebastian Viloria - 50m Breaststroke

Paloma Lopez - Snr Girls Relay

Charlotte McLaren - Snr Girls Relay

Congratulations also to Rachel Sahabu & Savannah Jaucian

who were both named Champion Runner Up for their age groups.







Mind Full, or Mindful?

This week in our wellbeing lessons we look at being mindful. Mindfulness is a skill that keeps our minds healthy. Mindfulness is noticing and being curious about what is happening right now. The children were encouraged to practice at home with the family. I have included a link to a video that could help focus your mind and stop it thinking about the past or the future. Mindfulness Campfire

Kindergarten, Year land 2

Students this week looked at all the different types of families. We read a story about what is important to a family and whatever type of family you belong to, the love that is shared is the same.

Year 3 and 4

A lot of things in our lives change as we get older, such as our physical appearance, social skills and our interests. This can be exciting! Sometimes it is scary. Identifying things that you are interested in now but may not have been interested when you were younger can help you to shape your identity which affects your wellbeing.

Year 5 and 6

This week we discussed mindfulness and how it helps our wellbeing. Practicing mindfulness means we are focussed, which helps when we are performing tasks. Mindfulness can help relieve stress. And the best part? Anyone can do it!

Term 1:

Fri 29 Jan to Thurs 1 April

Term 2:

Mon 19 April to Fri 25 June

Term 3:

Mon 12 July to Fri 17 September

Term 4:

Tues 5 October to Fri 17 December* (*Student's last day is Wed 15th December)

Thu 16 & Fri 17 December—Staff development days

P & F News:



St Bernadette's P&F General Meeting

Wed 3 March @ 7:30pm

Attend in person (school library) or use the Zoom link

Meeting ID: 978 9434 0345

Passcode: 979634

Link: https://teachingservices.zoom.us/j/97894340345? pwd=N2NKdy96TzRNd3l5d3BpTGpJbC9wZz09

Summer Uniform

The link to our order form is below. 2020 2021 Summer Uniform Order Form

Other Items:

Positive Partnerships—NSW Parent/Carer Online Workshop

Join an online workshop where you will have the opportunity to listen, share and learn with parents and carers who support young people on the autism spectrum, from across NSW.

The workshop is for parents, full-time carers and grandparents. Topics that will be covered:

- Diversity of autism
- Understanding behaviour
- Working together with your child's school

Location: https://www.positivepartnerships.com.au/workshop/?eventtemplate=39-online-parent-carerworkshop&event=315

Register: www.positivepartnerships.com.au **Date**: Tuesday 9 March 2021 at 9.30am—2.30pm

Hills Community Aid—Homework Help!

Homework Help Group Volunteer Tutors available to help support you while you work, in a safe supported place. When: Mondays during school term starting Monday 1st March. Year 4, 5 & 6 3.30-4.30pm and Yr 7-12 4.30—5.30pm. Registration essential on 0423 213 199 Belindam@hca.org.au. Balcombe Heights Estate, Turner Buildings, 92 Seven Hills Road Baulkham Hills.

COVID-19 symptoms













Stay Safe



Clean your hands thoroughly for at least 20 seconds with soap and water, or an alcohol-based hand sanitiser



Cover your nose and mouth when coughing and sneezing with a tissue or your elbow. Put the tissue in the bin and wash your hands