



St Bernadette's School

Friday 1st November 2019 — Term 4 Week 3 No. 34

**ONE WEEK
TO GO!**

**7 MORE
SLEEPS!**



Just **1** more school week until our school is transformed into a carnival atmosphere - rides, games food and fun. Thank you to our Fun Fair stall holders and the P & F for their hard work that is going on behind the scenes. If you are able to help out with dropping flyers into letterboxes please collect flyers from the office. Keep watching for emails and messages from the school over the next week for ways that you can support our P & F in the great work they are doing.

Week 4 Dates

Sat 2 November
9am Working Bee
Preparation for Fun Fair

Mon 4 November
8.45-10.15 Kindy 2020
Orientation & Parent Workshop
11am Morning Assembly—CHANGE OF TIME
3pm Motiv8sports

Tues 5 November
8-10am Uniform Shop

Wed 6 November
Student Banking
Woolworths Cricket Cup Yrs 5/6 Boys

Thurs 7 November
Yr 5 Zoo Excursion
1.45pm Whole School Assembly—CHANGE OF DAY

Fri 8 November
FUN FAIR DAY
3—8.30pm
SEE YOU THERE

End of Year Dates:

Wed 27 November
7.30pm P&F AGM

Thurs 28 November
Yrs 3-6 Swim Carnival

Thurs 5 December
6pm Christmas Concert

Tues 10 December
9am Thanksgiving Mass

Mon 16 December
9am Primary Awards
11am Infants Awards

Tues 17 December
6pm Yr 6 Graduation

ENROLLING NOW FOR KINDERGARTEN & Yrs 1 to 6 2020
Next School Tour: Thurs 5 December 9am Please Register: 02 9407 6600

Congratulations Mrs Beggs

I would like to congratulate Mrs Beggs on her appointment as the Principal of St Monica's Richmond from 2020. Mrs Beggs has made a significant contribution to St Bernadette's Primary over the past two years and I know that she will be a great leader in the St Monica's community.

2020 Kindergarten Orientation—Monday 4 Nov

We look forward to welcoming our 2020 Kinder children and their parents to their first of these children had their first parent evening at St Bernadette's on Wednesday evening. Thank you to Mrs Beggs and the Kindergarten team for their coordination of the evening.



Rotary Club—Voice of Youth Speech Springfield House Function Centre



On Tuesday the 29th, year 6 students, Xavier, Claudia and Charlotte were invited to be guest speakers at the Glenhaven Rotary Club Dinner. They shared their Voice of Youth speeches in front of a captive audience and were congratulated for presenting

outstanding thought-provoking speeches on the topics of Dementia, Equal Pay in sport and Racism. Well done students.

Every Learner Every Day

Attendance rate to date is **86.7%**

Our community believes that every day counts for every child.

Our attendance levels are recorded below. Congratulations to Kindergarten who have now exceeded the schools target of 90% this week.

Well done to the other years who have all made gains in meeting our target as well. This is due to the importance that you as a parent community have placed on being here each day on time and ready to learn! Thank you.

Scholastic Year	School Year Attendance Level	Scholastic Year	School Year Attendance Level
K	93.2%	4	85.2%
1	82.3%	5	89.4%
2	81.8%	6	89.8%
3	84.5%		

Sports Dates for your Calendar

Cricket Finals Day

Years 5/6

Wed. 6th Nov



Wanderers Cup Finals Day

Years 5/6

Wed. 13th Nov



Primary Swimming Carnival

Years 1/2 50m Swimmers

AND Years 3 - 6

Thurs. 28th Nov



Infants Swim School

Years K - 2

Mond 2nd to Fri 6th Dec

League Tag Gala Day

Years 3 - 6

Wed 11th Dec



R.E. NEWS



Last Saturday many of our Year 6 students from our Parish received their Sacrament of Confirmation.

Although we normally receive this sacrament after First Communion, the Church

considers it to be the second of the three sacraments of initiation as it completes Baptism. In our Baptism, our parents and godparents make the promises for us, during Confirmation we as adult Catholics renew our faith

for ourselves. The introduction to the Rite of Confirmation states: 'by the sacrament of Confirmation, the baptised are more perfectly bound to the Church and are enriched with a special strength of the Holy Spirit. Hence they are, as true witnesses of Christ, more strictly obliged to spread and defend the faith by word and deed.'

Each child stood and firmly presented themselves to the Parish Community to receive the Sacrament of Confirmation. Bishop Vincent and Father Fernando then sealed them with the Holy Spirit. The children were encouraged by Bishop Vincent to continue the role of disciples of Jesus and by carrying out his mission of helping the people in our society who are in need.

Mission Initiative: The Mini Vinnies Group are asking for everyone to send into schools, clean soft drink, water bottles and milk bottle lids with the recycle sign on the bottle. These will be collected in each class and then sent to the Envision group who will recycle them into filament for 3D printers and then made into artificial libs for children. The link below also gives more information about the program.

<https://www.youtube.com/watch?v=kCRjefs2aY>

Mrs Shane Robinson—REC



**Student Council War on Waste initiative –
WASTE FREE EVERYDAY**

Social Skills—Weeks 3 & 4—Identifying Your Own Emotions ('Resilient')

We all start each and every day with different emotions and this has an impact on how we interact with others and complete our work successfully. Identifying our emotions and feeling positive and confident about ourselves allows us to feel good about our approach to the day.

Worry is an emotion that can cause us to lose confidence. When we are *extremely* worried, we do not perform as well because our level of self-confidence goes down. Sometimes we worry because we are afraid of what people think of us. Children can have such big worries about what their classmates think of them that they choose not to say or do things. That way, they protect themselves from others thinking negatively about them. A way of thinking that can help us worry less is called "Being Independent." Being Independent means thinking that it's important to try new activities and to speak up, and have confidence.

At St. Bernadette's we continue to encourage all students to identify their own feelings and how to interact with others, especially believing in their own worth and independence—be confident in what they say and do!

Positive Habits of the Mind

Accepting Myself means when I make a mistake or someone is mean to me thinking that I am not useless or a total failure, I am still me. I accept myself no matter what.

Taking Risks means preferring but not needing to be successful and thinking that it's good to try something new even though I might not be able to do it.

Being Independent means preferring but not needing the approval of others and thinking that it's important for me to try new activities and to speak up even if classmates think I'm silly or stupid.

Negative Habits of the Mind

Self-Downing – thinking that I am a total failure or useless when I have been rejected or have not achieved a good result.

Needing to be Perfect – thinking that I have to be successful in everything important I do and that it's horrible when I'm not.

Needing Approval – thinking that I need people (parents, teachers, peers) to approve of what I do and that, when they don't, it's the worst thing in the world.

Something to try at home- discuss the following with your children

1. Not being afraid to make mistakes
2. Believing you will be more likely to be successful than to fail if you keep having a "red hot go"
3. Not worrying too much what people think of you if you say something that is wrong or silly
4. Using green light rather than red light thinking about yourself when you make a mistake or someone is mean to you
5. Looking and sounding confident
6. Understand your own emotions and how you interact with others

Mrs Kathy Watt

Sports Update

Parramatta Diocesan Team Sports Trials 2020

Parramatta Diocesan Primary students enrolled in Year 5 and 6 in 2020 are invited to participate in the Parramatta Diocesan Team Sport Trials during Term Four in 2019 and in 2020. It is important to note that these trials are generally for those children who display **an above-average ability** and/or **have representative experience** in their chosen sport. While teams are open in age it is strongly recommended that only children of a representative standard in years 5 & 6 in 2020 be invited to attend. To facilitate this, Parramatta Diocesan trials will be held in the following sports: AFL, Basketball, Cricket, Hockey, Football, Hockey, Netball, Rugby League (11yrs & Opens), Rugby Union, Softball, Tennis & Touch football. The sports of Diving & Golf will be held at the MacKillop level.

ALL 2020 Team Sport Trials are OPEN, however, the Summer Sports of BASKETBALL & TENNIS registrations close for these sports only on Monday 11th November as these trials will be held in November 2019.

All other sports trials will be held in Term One & Two in 2020.

Any Primary students enrolled in Year 5 and 6 in 2020 are invited to participate in the Parramatta Diocesan Team Sport Trials.

It is important to note that these trials are generally for those children who display an above-average ability and/or have representative experience in their chosen sport. While teams are open in age it is strongly recommended that only children of a representative standard in Years 5 & 6 in 2020 be invited to attend.

To be eligible for selection for these trials an Online Team Registration Form must be completed that can be accessed below.

This online form is an **EXPRESSION OF INTEREST** for the 2020 Parramatta Diocesan Primary Sport Team trials. Parents may complete this form to attend a selection trial. One form is to be completed per child, per individual sport. Each sport has its own criteria, therefore, it is imperative that the correct form is completed.

Please note that your online registration is an **EXPRESSION OF INTEREST ONLY** and **MUST** be approved by the child's school. In order for the child to attend the nominated trial or event, this may come down to the discretion of the school as to who is selected to attend the trial. In some sports, only 2 students per school can be nominated. All fields and especially "Representative Experience" **MUST** be completed. Under no circumstances will a child be eligible to trial if the Online Registration Form has not been completed and approved by the school by the closing date.

Should you have any further questions, do not hesitate to contact Karen Orsini via email on korsini@parra.catholic.edu.au

School Leavers

We are planning for the 2020 school year and to help us with this please let the office know if your family will not be continuing at St Bernadette's in 2020. A reminder to all families that a term's notice (10 school weeks) in writing **MUST** be given to the Principal before the removal of a student or a full term's fees will be payable. The notice can be given any time during term for the next term and where appropriate notice has been received a pro-rata credit will be calculated. Where a term's notice has not been given to the Principal the terms school fees will be charged for your child/children.

Requests for Student Leave

As part of the implementation of the formulated National Standards, holidays taken by students outside of school holiday periods will now be included in Student Attendance Data as absences. Parents are requested to complete an Application for Extended Leave form for absences of **5 school days or more**. This form is on our website: Community/School Notes/Administration Forms. Please submit this form together with a copy of your travel documentation (e-ticket/booking form) **at least three weeks** prior to the proposed leave date. This Application for Extended Leave will then be responded to by Mrs Nettleton. Thank you for your assistance.

Carlile Swimming, Cherrybrook (9980 7822).
Swimming lessons for all ages.
Visit: <https://www.carlile.com.au/cherrybrook/>



Child Protection

A reminder for parents who are required to **'UPDATE'** their child protection and for **'NEW'** parents to the school.



It is a Diocesan requirement that parents who volunteer at school must complete the Child Protection Module ONLINE. This training is available online at: <http://childprotection.parra.catholic.edu.au/training> and **MUST** be completed every two years. This is the new link as of July 2014.

All parents must have completed the above prior to helping in the classroom, on excursions, sport days, tuckshop, uniform shop or any help around the school.

Term Dates

Term 4: Mon 14 Oct to Wed 18 Dec (for students)

Term 1 2020

Tues 28 Jan—Staff Development /Pupil Free Day & MAIs
Wed 29 Jan—MAIs
Thurs 30 Jan—Yrs 1 to 6 commence
Fri 31 Jan—Kindergarten 2020 commence

P&F News:



SAVE THE DATE: Fri 8 November 3pm onwards

All sponsorship enquiries: Belisa Papandrea on
Belisa.papandrea@gmail.com or 0408 344 250.

Uniform Shop

Summer Uniform

Our uniform shop is open on Tuesdays between 8 and 10am—Term Time only.

To order uniform: download order form from website (community/school notes/uniform) and email uniform shop directly before Tuesday on:
uniformshop.stbpnf@gmail.com or school email:
bernadettech@parra.catholic.edu.au. Orders will then be processed and sent home via your child on Tuesday.

Other Items:

Sydney Youth Orchestra—Summer School 2020 6 to 10 January 2020 9 to 3pm

To register: <https://syo.com.au/programs/syo-open-holiday-programs/2020-summer-school/>

Wesley Uniting Church, Castle Hill (32 Showground Road) Garage Sale Sat 2 November 8–1pm

Congratulations

Jorja Mizzi

This week Year 6 student Jorja Mizza represented St Bernadette's as part of the MacKillop Cricket Team at the NSWPSA tournament in Campbelltown. Her team had a fantastic week, finishing 1st in the State. She earned a PB on day 2 with an amazing 4 out for 2 runs.

