

CANTEEN MENU 2018

SANDWICH or ROLL

All sandwich and wraps made fresh to order

Tasty Cheese	\$2.50
Cheese & Tomato	\$3.00
Cheese, Ham, Tomato	\$3.80
Ham & Cheese	\$3.50
Ham	\$2.80
Chicken	\$4.00
Chicken, Lettuce, Mayo	\$4.50
Salad	\$4.00
Ham & Salad	\$4.50
Tuna	\$3.00
Tuna & Cheese	\$3.50
Vegemite	\$2.00
Vegemite & Cheese	\$2.50
Strawberry Jam	\$2.00

Gluten Free Bread available

WRAPS

Chicken Tender Wrap (lettuce & mayo)(FM)	\$4.50
Chicken & Salad Wrap(FM)	\$5.00
Cheese & Salad Wrap(V)	\$4.50
Grilled Beef & Cheese Wrap	\$4.50
Ham, cheese & tomato wrap	\$4.00

SALAD BOXES

Green Salad (V)(FM)	\$4.00
Green Salad With Chicken	\$5.00
Green Salad With Ham	\$4.80
Greek Salad	\$5.00

FRUIT & VEG

Seasonal fruits vary

Slice Water Melon	\$1.50
Apple	.80c
Seedless Grape Cup	\$1.00
Banana	\$1.00
Fruit Salad Cup.	\$2.50
Vege Mix (Carrot & Cucumber)	\$1.50

ADD HUMMUS 50c

HOT FOOD

* Garlic Bread (V)	\$3.00
* Pasta Napoli (FM)(V)	\$4.00
* Pasta Bolognaise (FM)	\$4.00
* Lasagna beef (FM)	\$4.00
* Lasagna vegetarian (FM)(V)	\$4.00
* Hash Brown (V)	\$2.00
* Butter Chicken & Rice	\$5.00
* Bacon & Egg Roll (FM)	\$4.50
* Chicken Tenders box (FM)	\$4.00
* Chicken Tender Nuggets (FM)	\$4.00
* Sausage Roll	\$3.80
* Beef Meat Pie	\$4.00
* Spinach & Ricotta Roll	\$3.80
* Fried Rice(FM)	\$3.50
* Chicken Noodle	\$3.50

(FM) = freshly made no preservatives or additives
(V) vegetarian

Special lunch days held weekly
MEAL DEALS AVAILABLE DAILY



Your children can now enjoy a variety of freshly made hot meals daily with Healthy Bites Canteens Qualified chefs and cooks creating dishes that are healthy and delicious

BURGERS \$4.50

Chicken Burger (lettuce & mayo)
Beef Burger with BBQ sauce
Cheese Burger with BBQ sauce
Fish Burger (with lettuce & mayo)

FROZEN

Assorted Ice Cream from	\$2.00
Assorted Ice Block from	\$1.00
Frozen Yogurt	\$2.50

SNACKS

* Banana Bread (FM)	\$2.50
* Raisin Toast (thick)	\$1.50
* Assorted Muffins (FM)	\$2.00
* Assorted Chips	\$2.00
* Rice Crackers	\$1.50
* Popcorn	\$1.50
* Cheese & Crackers	\$2.00
* Jelly Cup(FM)	\$1.00
* Pretzels	\$1.00
* Yogurt Pops & Sticks	\$0.50
* Gluten free vege snacks.	\$1.50
* Poki Cookies	\$2.00
Other assortments from	\$1.00

DRINKS

* Water	\$1.50
* Popper Juice	\$1.50
* Milk	\$2.50
(choc, straw, banana)	
* Plain Milk	\$1.50
* Hot Chocolate	\$2.30
* Sparkling Juices	\$2.50

Healthy Bites Menu consists of a majority of freshly made to order items and we pride ourselves in home style cooking

OTHER SPECIALS AVAILABLE THROUGHOUT THE TERM