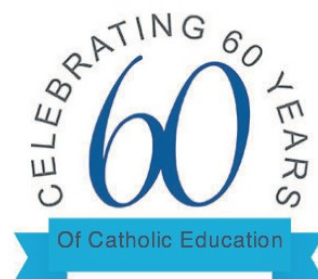




St Bernadette's School



Friday 2 June 2017

No. 16

Dear Parents,

Our children watch and absorb how the adults in their world communicate with each other. As adults, how mindful are we of our words and actions? Every time we say something, take an action or have a reaction to someone or something, our children are observing our behaviour. As infants, this is how children gain language skills and eventually learn to talk. Pre-schoolers depend upon observation as they begin to understand and test the workings of interpersonal relationships. And even teenagers—although you might not believe it!—are listening to our words and observing our actions, examining how you handle everything from personal relationships to stress to career disappointments. The real challenge for adults is to provide a positive example as often as possible.

What types of behaviour can we model for my child?

Many of the most important ways to role model are things you already do every day—

1. Show RESPECT for others and yourself.

Think about how you talk about and treat your friends, family members, neighbours and even yourself. Your child is learning how to value other people and institutions by watching your example. Your child also takes cues on self-worth from you. Respect yourself and your child will follow your lead.

2. Practice positive COMMUNICATION skills.

Consider your own use of words ... do you use them to hurt, criticize or argue with others, even if it's not your children? Words are a powerful thing. If you demonstrate how negative, hurtful and disrespectful language can be, your child will do the same.

3. Keep a POSITIVE OUTLOOK.

Is your child convinced he's not making the team or that he will lose a friend? Consider the energy in your own family. Do you focus on the positive? Perhaps that negative outlook begins at home. The next time you make a mistake, like burning dinner, think before reacting. Then remember to laugh and suggest you feel lucky for the chance to order out. It's often simple (and not so drastic) mistakes that become the best opportunities to model good behaviour.

4. Work on ANGER MANAGEMENT.

Is your child quick to lose his temper, throw a tantrum or cry out of frustration? How about you? Responding to stress, anger or hurt feelings is a valuable tool that you can model for your child. We live in a society that is fast-paced, demanding and stressful, and anger is a very natural reaction. The next time you are faced with a challenge, try to remain calm, take a deep breath and talk through the issue. If appropriate, talk to your child about what triggered your anger and how you dealt with it. Your child will learn to take a step back and think about his own reactions the next time he gets mad.

Keep this in mind: teaching by example is often easier and more effective than forcing children to obey rules by scaring, threatening, or tempting them with rewards. I think of the example of the adult who screams at a child to, "Stop yelling!" They might really want them to stop, but are they teaching them how to effectively communicate or just modelling the same bad behaviour?

It's not about being a perfect adult—rather, it's about being mindful that our words and actions are being watched and absorbed by our children. This is a GOOD thing for us, because it means that every day we have a chance to help our children become great people.

Leanne Nettleton—Principal

Week 7

Mon 5 June

8.30am Assembly
Yr 6 Science Incursion
1pm Yr 4 Boys & Girls soccer trials—grass area
2.45—4.30pm
Motiv8sports Club

Tue 6 June

9AM SCHOOL TOUR KINDERGARTEN 2018
1pm Year 3 Boys & girls soccer trials—grass area
1.10pm Choir

Wed 7 June

Student Banking
Last day for Book Club Orders
SRC Promoted - Waste Free Lunch Day

Thurs 8 June

Fri 9 June

Yr 4 Exc to Hambledon Cottage

Coming Dates:

Tues 13 June
ICAS Writing Comp.

Thurs 22 June

Parent/Teacher/Child Interviews—late night

Fri 23 June

Athletics Carnival

Fri 30 June

Last day of Term 2

Term 3:

Monday 17 July
Staff & Students return

SRC Waste-Free Lunch Day

Next Wednesday 7th June, the SRC is supporting the Waste Free Lunch Challenge and invites all the students at St Bernadette's to bring in a waste free recess and lunch. This means that no food that is pre packaged. (No chip packets, muesli bars, jelly cups etc.)



In accepting this challenge every student at St Bernadette's is demonstrating how they can be environmentally friendly.

Parents, when packing your children's lunch the SRC is asking you to

⇒ think fresh food like sandwiches, fruit and veggies.

This will avoid the students needing to dispose of paper wrappings and plastic coverings.

⇒ Try to package your child's food in reusable containers as they are a handy way to pack a waste free lunch.

The SRC would like all St Bernadette's students to gain a better understanding of the actions that we can take to reduce our waste.

Don't forget – Next Wednesday PACK A WASTE FREE LUNCH.

IMPORTANT PARENT INFORMATION: EARLY MORNING SCHOOL ARRIVAL

Early morning supervision commences at 8:00am. Parents dropping their children at school prior to 7:45am MUST drop their child in the Kiss 'n Drop Zone in the middle car park level. Children walk into the school through the gate and make their way down to the passive grass where they remain seated until 8:00am when the early morning duty commences.

Parents have been observed dropping their children at the bottom of the school and sending them to enter the school via the gate in the bottom car park. From Monday this gate will NOT be open for student access until 8:00am. Please do not drop your child in Brisbane Road before 8:00am because your child will not be able to enter the school grounds. The safest way for your child to enter the school at this early hour is from the Kiss 'n Drop Zone.

Thank you for keeping our children safe by dropping your child safely at school in the KISS 'N DROP ZONE.

Children's Workbooks coming home today

Your child will be bringing home their Religious Education Book this afternoon.

The children are extremely proud of their work and will be delighted if you are able to write a comment to them in their book. We encourage you to write this comment after their last piece of work. Children really do enjoy receiving feedback from you and they also like to know that you are aware of what they are doing at school. Your comment also allows the teacher to see that you were able to take the time to walk through the book with your child.



Hills Cluster Debating

On Friday 26th May 2017 our Year 6 Debaters participated in Round 2 of the 2017 Hills Cluster Debating Competition. St Bernadette's debated against St Madeleine's, Kenthurst and both teams presented very convincing arguments about the topic 'Australia should become a republic'. Congratulations to the following students:

Affirmative Team

1. Olivia Bradley
2. John Paul Edge Bennett
3. Kaden Govender
4. Emma Mizzi

Negative Team

1. Georgia - Marie
2. Ella Lincoln
3. John Fernando
4. Jaimee Azzi

Thank you to Mrs Edge Bennett for assisting with transport to and from St Madeleine's.

Total Canteen Solutions

'In purchasing your child's tuckshop order online through Munch Monitors, you are contracting directly with the supplier Total Canteen Solutions. You are responsible for checking that the ingredients of what you order are not incompatible with your child's sensitivities or health issues. Please ensure you check the disclaimers on the supplier's website. If in doubt you should contact the supplier.'

R.E. NEWS



Pentecost always falls 50 days after Easter. It celebrates the descent of the Holy Spirit upon the Apostles and the Virgin Mary. It is often called the 'the birthday of the Church'.

The disciples of Jesus were waiting to receive the Holy Spirit because that is what Jesus told them would happen. Just before He was taken up to heaven he told them that they would receive power when the Holy Spirit comes on them and they would be his witnesses in the whole world (Acts 1:8). The disciples and other Christians had come together to thank God and suddenly a sound like the blowing of a strong wind came from heaven and filled the whole house where they were singing.



Cont ...

RE News cont

Next they saw tongues of fire that separated and came to rest on each of them. When the tongues of fire came they were filled with the Holy Spirit and the disciples began speaking in different languages. The main message for the disciples was to go out and spread the Good News.

That is our mission today as Catholics. We must spread the Good News to all we meet. Let others know about our faith, do not be afraid to let everyone know that we follow Christ. Perhaps this week we could do that by inviting a friend or family member along to come to Mass with us. We could also follow Christ's example of caring for others by donating to the St Vincent de Paul's Winter Appeal.

Mrs Shane Robinson — REC

Year 2 Excursion

Year 2 had a wonderful time at Rouse Hill House and School. Here are some highlights from the day:

My favourite part of the excursion was the old school visit because we learnt what the children did at school in 1889. We dressed up, learnt to sew, how to march, and did our work on slate! **Lana Henneghan 2B**

My favourite part was the farm visit because we learnt about how families lived on farms in the past and we got to feed the chickens! **Matthew Hanna 2B**

My favourite part of the day was spending some time at Mr Rouse's farm and seeing where the animals lived and how they did all the work. **Jesse Oliver 2G**

My favourite part of the day was being in Miss Fox's classroom and doing school work like they would have done in 1889. She was very strict and she had the scary CANE! It was the best day ever. **Grace Kalina 2G**

My favourite part of the day was the sewing class in the old school. I loved the sewing because it was easy to do and I got to take it home. **Chloe Malandrino 2W**



Weeks 7-8 Social Skill Focus:

Being a Fair and Considerate Student at St Bernadette's

Being fair is about the way we treat other people. The old saying of 'Treat other people, the way you would like to be treated,' is certainly true- especially at our school St Bernadette's.

People who are fair, believe in justice and a fair go for all. Fair people don't judge others on their race, religion, gender, disability, appearance, the clothes they wear or how much money they have.

Fair people realise that rules are made to keep everyone safe. They know that together we can accomplish great things, if everyone is given a fair go in our school community.

Family Discussion Starters

What are your responsibilities in the family?

Have you ever felt discriminated against?

Is the world we live in a fair place?

Never look down on anyone else unless you are helping them up.

Mrs Kathy Watt

Attendance

We continue to achieve over the 90% target although this week we have slipped a little — down to

90.7%

Please continue encouraging your children to come EVERY DAY – a lot of quality learning time can be missed just from not attending a day or two!

School Interviews for Reports

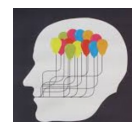
We look forward to meeting with all parents and students again to share insights into the children's learning and their academic progress later this month. The School Interviews site will once again be used to book your interview with the class teacher.

ACCESS FOR BOOKINGS WILL OPEN AT 3pm - MONDAY 5TH JUNE

The event code for creating your booking is **54faz**. Please ensure you use the following address when booking <http://www.schoolinterviews.com.au>

Design A-Thon

What a great day the students had last Friday for our Design A-Thon. A huge thank you to everyone who has already sent in their sponsorship money!



Our new total is: \$9,700—Thank you so much!!

A reminder that if you have not yet sent in your money and you want to be included in the draw for our fabulous prizes ... to please send in your money to the class teacher by Thursday 15th June—and good luck!

**Congratulations to the following
STUDENTS OF THE WEEK**

Social Skill: Being a creative student at St Bernadette's

<i>Class</i>	<i>Student of the Week</i>	<i>Student of the Week</i>	<i>Social Skill Award</i>
<i>KB</i>	Alyssa Hawkes	Ethan Mi	Jet Alameen
<i>KG</i>	Luca Dalton	Abigail Wigham	Cooper Keremelevski
<i>KW</i>	Sofia George	Lewis Zalloua	Julia Foong
<i>1B</i>	Not for Publication	Gabriella Papandrea	Matilda Maggs
<i>1G</i>	Ryder Egan	Harry Wigham	Olivia Damiano
<i>1W</i>	Natalie Alam	Matthew Baker	Annabelle Wong
<i>2B</i>	Mikayla Alam	Kevin Le	Isabella Perete
<i>2G</i>	Woo Chan Lee	Sienna Leuzzi	Caterina Porte
<i>2W</i>	Chloe Malandrino	Dillon Sweeney	Hilda Mormul
<i>3B</i>	Charlotte Cowper	Roman Younan	Annika Parker
<i>3G</i>	Ashton Pulvirenti	Mekenna Vickers	Bridget Clemente
<i>3W</i>	Leah Symin	Patrick Windress	Mia Papandrea
<i>4B</i>	Claudia Chambers	Luke Giallonardo	Tyler Beames
<i>4G</i>	Claudia Homs	Lachlan McLaren	Zander Cheng
<i>4W</i>	Georgia Pratt	Sienna Symin	Lucas Karam
<i>5B</i>	Vienne Schwebel	Ethan Zerafa	Lachlan Crimston
<i>5G</i>	Zachary Hughes	Stella Kemmis	Max Procter
<i>5W</i>	Niamh Bradley	Seth Robinson	Paul Homs
<i>6B</i>	Patrick Stennett	Raquel Sahyoun	Flynn Batty
<i>6G</i>	Not for Publication	Grace Youssef	Alexandra Stennett
<i>6W</i>	Priscilla Leib	Zac Northey	Georgia Hogan

Principal's Awards:

Isabella Forder 2B
Paul Makhlof 2W
Marisa Frketic 5B
Jarratt Allan 5G
Alexis Vishnivetskiy 3G
Xavier Xiberras 2B



Celebrating Talents

Congratulations to **Alana Castellan in 6G** who recently passed her Piano Grade 1 AMEB exam with a B+ High Credit. Well done Alana!

ICAS—Writing

The ICAS Writing Competition will take place on Tuesday 13th June at 7.30am (promptly) and it will be held in the Year 4 classrooms. A pencil, rubber and pencil sharpener will be required. Please note if your child is late they will **not** be permitted to sit the test (and no refund is available).

Premier's Reading Challenge

Another fantastic week of reading—keep it up!

Kindy: Jessica Coghlan Anthony Khoudair

Year 1: Sebastian Haywood Sophia Khamis
Zara Osborn

Year 2: Jet Jackson Jason Khoudair
Chloe Malandrino Liam McGovern
Charlie Thom Sebastian Vilorio
Hannah Wall

Year 3: Nathaniel Barone Deangelo Chedid
Charlotte Cowper Danielle Khoudair
Gregory Zucconi

Year 4: Meleni Ariyanayagam Nicole Del Rio
Rene Ferris Xavier Hennessey
Alyssa Khoudair Angus McGovern
Indiana Thom Gabrielle Youssef
Charlie Zeaiter

Year 5: Deema Arraf Lauren Ballesty
Katerina Giannakakos Paul Homsy
Jardyn Orsini Dilara Ozcan
Lucas Tole

Year 6: Flynn Batty Mali Clark
Sera-Marina Farfoud Kaden Govender
Ashleigh Lourey Mathilda Martin
Mitchell More Marcus Scotti
Bailey Thom
Georgia Marie Warden
Grace Towner



R.I.P. †† Our prayerful sympathy is extended to the Zwaine family (Grace in 3W), following the recent passing of her Great Aunt). May she rest in peace.



Term Dates 2017

Term 2 :

Mon 24 April (Staff Development & Pupil Free Day)

Tue 25 April ANZAC Day

Wed 26 April to Fri 30 June

Term 3:

Mon 17 July to Fri 22 September

Term 4:

Mon 9 October to Monday 18 December

PARISH NEWS:

Sacrament of Confirmation 2017

Parish families who are interested in their child commencing preparation for the sacrament of confirmation are asked to attend one of our information evenings held on: **Monday 19 or Tuesday 20 June.** Both evenings will commence at 7:30pm in the Church. Evenings will last approximately one hour and children do not need to attend. This preparation process is suitable for children who are in at least Year 6 or above, who have received the sacraments of baptism, reconciliation and eucharist (holy communion). Please contact Alice Bradshaw (Sacramental Co-ordinator) at the parish office on 9634 2622 or sacraments@stbernadette.org.au, for more information.

St Bernadette's Football Club —Movie Night

Parents & friends are invited to the SBFC Movie Night on Wed 28 June at 6:30pm at Event Cinemas, Castle Hill. Cost \$16pp. See your club manager for tickets.