



# St Bernadette's School



Friday 10 June 2016

No. 17

Dear Parents,  
'Life just seems to get busier and busier.'  
How many times have you said that or had that said to you? This reflection helps us to get some perspective about what is important ...

### The Mayonnaise Jar and Two Cups of Coffee

When things in your life seem almost too much to handle, when 24 hours in a day are just not enough, remember the mayonnaise jar and the two cups of coffee.



A professor stood before his philosophy class and had some items in front of him. When the class began, wordlessly, he picked up a very large and empty jar and proceeded to fill it with golf balls. He then asked the students if the jar was full. They agreed that it was.

The professor then picked up a box of pebbles and poured them into the jar. He shook the jar lightly. The pebbles rolled into the open areas between the golf balls. He then asked the students again if the jar was full. They agreed it was.

The professor next picked up a box of sand and poured it into the jar. Of course, the sand filled up everything else. He asked once more if the jar was full. The students responded with a unanimous 'yes'.

The professor then produced two cups of coffee from under the table and poured the entire contents into the jar, effectively filling the empty space between the sand. The students laughed.

"Now," said the professor, as the laughter subsided, "I want you to recognise that this jar represents your life.

The golf balls are the important things in life—your God, your family, your children, your health, your friends, and your favourite passions: things that if everything else was lost and only they remained, your life would still be full.

The pebbles are the other things that matter like your job, your house, and your car.

The sand is everything else: the small stuff."

"If you put the sand into the jar first," he continued, "there is no room for the pebbles or the golf balls. The same goes for life. If you spend all your time and energy on the small stuff, you will never have room for the things that are important for you. Pay attention to the things that are critical to your happiness.

Play with your children. Take time to get medical check ups. Take your partner out to dinner. Play another 18. There will always be time to clean house and fix the disposal.

Take care of the golf balls first; the things that really matter. Set your priorities. The rest is just sand."

One of the students raised her hand and inquired what the coffee represented. The professor smiled. "I'm glad you asked. It just goes to show you that no matter *how* full your life may seem, there's always room for a couple of cups of coffee with a friend."

## R.E. NEWS



### Liturgical Seasons

Just as we mark our lives by anniversaries, the Church celebrates the mysteries of Christ's life in a pattern. Within the cycle of a year the Church remembers and celebrates the Paschal Mystery, the birth, life, suffering, death, Resurrection and Ascension of Jesus. The Church's liturgical cycle recalls the Paschal Mystery over a yearly cycle. At mass we also remember the Paschal Mystery and are constantly nourished by the story of Jesus and the body and blood of Jesus in the Eucharist. The seasons are Advent, Christmas, Lent and Easter.

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### Week 8 Dates

**Mon 13 June**  
Public Holiday

**Tue 14 June**  
8.30am Assembly  
**ATHLETICS CARNIVAL**  
3-4pm NRL Boys Training

**Wed 15 June**  
7.30am ICAS Writing  
Student Banking  
3-4pm Sydney FC Soccer  
Clinic  
7pm P&F Meeting

**Thurs 16 June**  
7pm Parent Literacy  
Meeting *Focus on*  
*Writing K to 6*

**Fri 17 June**  
Cross Country, Eastern  
Creek  
Yr 6 Debating  
1.40pm Whole School  
Assembly  
3-4pm Wanderers Cup  
Training  
5pm Band Chamber  
Music Evening, Parish  
Hall—All invited

**Coming Dates:**  
Wk 9—Parent/Child/  
Teacher learning  
interviews

### Term Dates 2016

**Term 2:**  
26 April—30 June  
1 July—Staff  
**Development & Pupil  
Free Day**

**Term 3:**  
18 July—22 July  
23 Sept—Staff  
**Spirituality day**

**REC NEWS continued**

Apart from these seasons, there are 33 or 34 weeks of the year that do not celebrate a particular aspect of the mystery of Christ but are devoted to the mystery of Christ in all its aspects. This period of the Church calendar is called Ordinary Time, which is the period we are now in. The liturgical colour for Ordinary Time is green.

The children in Year 4 who are preparing to celebrate their First Eucharist, can point out the items in the church that are coloured to reflect the season of the church.

**Literacy Meeting**

All parents are invited to attend our next parent education opportunity this **Thursday 16th June at 7pm** when the **Literacy Team** will host an evening for parents about the development of children's writing skills. Parents are asked to please RSVP their attendance via email to the office on Bernadettech@parra.catholic.edu.au.

**School Interviews – Mid Year Reports**

School Interviews regarding your child's learning will commence on Wednesday 22<sup>nd</sup> June [not necessarily with all teachers] and conclude on Thursday 30<sup>th</sup> June.

The School Interviews booking site is: [www.schoolinterviews.com.au](http://www.schoolinterviews.com.au) & the password is **kkzn3**

**Parents are reminded to book a 10 minute appointment with teachers.**

Please note that interviews must be completed within the 10-minute period, as other families will be waiting to speak with the teacher. If it appears that a longer interview is needed after the 10-minute period, teachers will organise one with you for a later date.

***If you have more than one child attending, please make your bookings early in order to avoid disappointment.***

Some teachers will have already made appointments for interviews with you. If this is your case, please do not re-book for the children on the site.

As always, please do not book consecutive interviews if you have more than one child attending. Even if you are an Olympic sprinter – you will miss out on valuable time with subsequent teacher/s.

*School Interview site will close for all bookings at 5pm on Friday 17<sup>th</sup> June.*

**Mid Year Reports**

Reports for the first semester of the year will be distributed towards the end of this term. Students in Kindergarten will receive a report where the level of achievement is reported on using a scale of Working Towards, Working At and Working Beyond. Years 1 to 6 have an A to E reporting system.

**A** describes students who have an extensive knowledge and understanding of the content. They have a very high level of competence and can apply the skills and knowledge to new situations.






**B** describes students who have a thorough knowledge and understanding of the content. They have a high level of competence and are able to apply the skills and knowledge in most situations.

**C** describes students who have achieved a sound understanding of the content and skills and have an adequate level of competence in these areas.

**D** describes students who have achieved a basic understanding and knowledge of the content and skills and have a limited level of competence.

**E** describes students who have achieved an elementary knowledge and understanding of the content with teacher.

To put the A-E reporting system into perspective, it may be helpful to look at the analogy below for driving a car. Where do you fit on the scale?

E	D	C	B	A
A person on 'L' plates, must always be accompanied by an experienced driver.	A person on 'P' plates, drives independently but still learning.	Full drivers licence, like most of us!	Advanced driver training with extra skills.	Grand Prix racer!
				

**Social Skills—Week 7 & 8:  
Being a Fair and Considerate Student at St Bernadette's**

*Being fair is about the way we treat other people. The old saying of “ Treat other people, the way you would like to be treated,” is certainly true- especially at our school St Bernadette's.*

*People who are fair, believe in justice and a fair go for all. Fair people don't judge others on their race, religion, gender, disability, appearance, the clothes they wear or how much money they have.*

*Fair people realise that rules are made to keep everyone safe. They know that together we can accomplish great things, if everyone is given a fair go in our school community.*

## Social Skills continued ...

### Family Discussion Starters

What are your responsibilities in the family?

Have you ever felt discriminated against?

Is the world we live in a fair place?

Never look down on anyone else unless you are helping them up. **Mrs Kathy Watt**

## Next Open Day & School Tour — Kindergarten 2017



Prospective parents are invited to attend our next Open Day and School Tour on **Wednesday 22nd June**. Tours of the school will be conducted at 9am, 11:15am and 12:15pm. Parents are asked to confirm a tour time by contacting the office on 9634 2898 or via email: [Bernadettech@parra.catholic.edu.au](mailto:Bernadettech@parra.catholic.edu.au). Looking forward to welcoming new families to St Bernadette's School.

## Premier's Reading Challenge

Great reading this week—congratulations to the following students for completing the challenge:

*Mia Lee, Zara Osborn, Gabriella Papandrea, Sofia Papandrea, Jai Stuart, Jason Wong, Leonardo Wooler, Juliana Zaiter, Marissa Zaiter, Piper Johnson, Christopher Zaiter, Olivia Goss, Mia Papandrea, Rhys Zerafa, Rene Ferris, Charlotte Lee, Xavier Hennessey, Sienna Wooler, Charbel Zeaiter, Laila Campagna, Matthew Carrozzi, Tom Geaitani, Timothy Kelly, Sophie Kouchoo, Caitlin Leong, Louis Malandrino, Ryan McMahon, Mathilda Polley, Seth Robinson, Liam Taggart, Roman Taha, Michelle Zeaiter, Tiana Hanna, Mariah Lopez, Isayah Maybury-Picatoste.*

## Uniform Shop

The uniform shop will only be open from 8.00am-9.00am on the 14th June, 2016 due to the St Bernadette's Athletics Carnival on this day. If you wish to purchase items from the Uniform Shop outside this time please complete the order form and return to the school office.



## ICAS Writing Competition

The ICAS Writing Competition will take place on Wednesday 15th June at 7.30am (promptly). It will be held in the Year 4 classrooms. A pencil, rubber and pencil sharpener will be required. Thank you.

## AUSTRALIAN GOVERNMENT ASSISTANCE FOR NATIONAL CAPITAL EXCURSION

The Australian Government recognises the importance of all young Australians being able to visit their National Capital as part of their civics and citizenship education. To assist you (the parent) in meeting the cost of the excursion the Australian Government is contributing funding of \$20 per eligible student under the Parliament and Civics Education Rebate (PACER) program toward the travel expenses incurred. This contribution will be paid directly to the school upon completion of the excursion. This amount has already been factored into the overall cost of Year 6 excursions for this year. We would like to thank the Australian Government for their support of this program.

## LIFE TEEN YOUTH MINISTRY

### The Fugitive Winter Camp

St Bernadette's Parish combined with Parish of Baulkham Hills is running their annual Winter Camp again this July school holidays. This adventure camp provides students from all different schools the opportunity to bond, learn about their faith, and themselves, but most importantly to have fun. There will be adventure activities (rock climbing, archery, a giant swing and more) faith sharing and teaching, and team building. Registrations can be found at [www.stbernadettes.org.au/life-teen/](http://www.stbernadettes.org.au/life-teen/)

**When:** July 11—13

**Who:** Years 5 to 9

**Where:** Mangrove Mountain Retreat

**Cost:** \$195

If you have any questions please contact James Hay on 0403 933 732 or Jerry Wilkes on 0407 773 174.

### P&F News:

Save the date—Saturday 22nd October for a celebration of our 60th Year!

**P&F Meeting**—All parents are invited to attend our next P&F Meeting next Wednesday 15th June at 7pm.

### St Bernadette's Football Club

Everyone welcome to our Movie Night 'Finding Dora'—Monday 29th June at 7pm at Castle Hill Event Cinemas. Cost \$16 pp. Tickets are limited so book early either online:

[www.ticketebo.com.au/sbfcmovienight](http://www.ticketebo.com.au/sbfcmovienight) or on the night.

### Catholic Out Of School Hours Care—

(COSHC) On the school Staff Development & Pupil Free Day Friday 1st July, COSHC will be open from 6.45 am to 6.15pm. The cost for the day is \$50. Please contact Lauren Kane on 0408 582 535 for further details and a booking form.

### Western Sydney Wanderers Football Vacation Care

Two hour sessions focus on passing, dribbling, shooting and ball control! Prizes will be awarded to 'Player of the Day' who shows correct technique, sportsmanship and respect for others!  
Call: 1300 139 938 for further details.

### NAIDOC WEEK

Celebrate NAIDOC Week with the Parliament of NSW Children from 5 to 12 years—Tuesday 5 July 10—3pm Fun activities exploring this year's NAIDOC theme 'Songlines' includes storytelling and learning Dharawal Language, Aboriginal arts and crafts, playing didgeridoo and making Johnny cakes and damper in our supervised workshops. Sausage sizzle \$2. Enquiries: 9230 2047 or [dps.education@parliament.nsw.gov.au](mailto:dps.education@parliament.nsw.gov.au)