

St Bernadette's School

Friday, 1st August, 2014

No.22



In a recent interview, In the Argentine weekly 'Viva' July 27, Pope Francis listed his top 10 tips for bringing greater joy to one's life. Here are just a few of them...

1. "Live and let live." Everyone should be guided by this principle, he said, which has a similar expression in Rome with the saying, "Move forward and let others do the same."

2. "Be giving of yourself to others." People need to be open and generous toward others, he said, because "if you withdraw into yourself, you run the risk of becoming egocentric. And stagnant water becomes putrid."

3. "Proceed calmly" in life. To have "the ability to move with kindness and humility, a calmness in life."

4. "A healthy sense of leisure." Even though many parents work long hours, they must set aside time to play with their children; work schedules make it "complicated, but you must do it," he said. Families must also turn off the TV when they sit down to eat because, even though television is useful for keeping up with the news, having it on during mealtime "doesn't let you communicate" with each other, the pope said.

5. Sundays should be holidays. Workers should have Sundays off because "Sunday is for family," he said.

6. Find innovative ways to create dignified jobs for young people. "We need to be creative with young people. If they have no opportunities they will get into drugs" and be more vulnerable to suicide, he said. "It's not enough to give them food," he said. "Dignity is given to you when you can bring food home" from one's own labour.

7. Respect and take care of nature.

8. Stop being negative. "Needing to talk badly about others indicates low self-esteem. That means, 'I feel so low that instead of picking myself up I have to cut others down," the pope said. "Letting go of negative things quickly is healthy."

9. Don't proselytize; respect others' beliefs.

10. Work for peace. "We are living in a time of many wars," he said, and "the call for peace must be shouted. Peace sometimes gives the impression of being quiet, but it is never quiet, peace is always proactive" and dynamic. How wise our Pope is!

www.ucatholic.com

Sacramental News Congratulations to a over the last 9 mont

Congratulations to all the children who have been involved in the sacramental program over the last 9 months. Last Friday night the program finished with a beautiful and prayerful closing ceremony.

We pray for the students and families preparing now for the sacrament of Confirmation.

Mrs Jenny Godwin—Religious Education Coordinator



From the Principal:

Health Alert

Parents are requested to keep children at home if they are sick so that germs do not spread to the other children and to their teachers. There are a number of children who are coming to school unwell and then who then present in sick bay. Thank you for being mindful of this.

Car Pick Up

An agreement to use this service includes the requirement that you enter the car park from 3:00pm not before.

Choir

Next week we will meet on Monday at 1:10pm in the usual place. Please remember to bring your Town Hall music folder. Mrs Donnelly



Wanderers Cup

Yesterday our Year 6 football team participated at the Parramatta Wanderers Cup day at Binalong Park, Toongabbie. Our team consisted of:

Benjamin Berkeley, Abbie Coliero, Aaron Gabriel, Nicholas George, Marcus Jamison, William Street, Christian West, Sadhbh Hogan, Zachary Jeremiah, Dylan Martin, Antony Radman, Aidan Robinson, Jesper Stenberg, Finn Towner, Bailey Williams, Christian Zerafa. COACH: Mr Romeo George ASS. COACH: Mr Troy Stenberg

A huge congratulations to all the children who participated in the team. They demonstrated outstanding skills, positional play, teamwork and sportmanship throughout the day. Results were:

Game 1: St Bernadette's vs Kings 1-1

- Game 2: St Bernadette's vs Matella Road PS 1-0
- Game 3: St Bernadette's vs Galston PS 0-0

St Bernadette's vs Toongabbie PS 1-0 Final:

As well as playing 4 games, the children participated in skill based activation with the Wanderers coaches. This included speed drills, soccer tennis and penalty shootout. We even had a visit from star Wanderers player Antony Golec!

The children now move forward to the Wanderers Cup finals day held at Blacktown on September 16th.

Mrs Karen Orsini



Year 6 Debating

Round 4 Debate – St Bernadette's vs St Angela's

The debate topic was 'The beach is better than the bush'.

We congratulate our affirmative team—*Sabrina* Losurdo, Michael Kamel, Callum Willard and Andrew Mizzi who successfully presented a case that did support the beach being the preferred venue rather than the bush, their tagline was 'Creepy crawlies or catching waves? I know the beach is the one I crave'.

We also congratulate our negative team—*Olivia* Carrozzi, Kishaya Lye, Samantha Parsons, and James Weppner who successfully presented a sound case line outlining the uniqueness of both the beach and the bush. Their tagline was 'the beach and the bush both so unique, appreciating each is how it should be". Our debating group continues to work cooperatively and support each other in each of our debates and are outstanding representatives of our school when they visit other schools for debates.

A special thanks to Mrs Fuoco who was one of the adjudicator's this week.



Jeans for Genes Day

Jeans for Genes Day is a national day when people wear their jeans to raise much needed funds for research into birth defects Jeans for Genes



and diseases such as cancer, epilepsy, and a range of genetic disorders. Today our staff wore denim to raise money for this worthy cause. Every dollar raised on the day helps scientists at Children's Medical Research Institute discover treatments and cures, to give every child the opportunity to live a long and healthy life.

Religious Literacy Assessment

During this term the students in Years 4 and 6 will be completing the Religious Literacy Assessment. The information from these assessments will provide at a diocesan level, documentation and reporting of students' learning in the key learning area of Religious Education. The online (Part A) test period for Years 4 and 6 is between 8 August and the 5 September.

The Part B section of this assessment requires the students in Year 4 only to complete an extended part where they have the opportunity of being creative in the way they would respond to the scriptures. Year 4 students will be completing these on the 6th and 7th August.



Fri, 8 August

Thurs, 7 August • Yr 4 Religious Literacy Assessment

• Yr 5 Bathurst Excursion

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8.30am Special Prayer Assembly:

St Mary of the Cross MacKillop &

Whole School Assembly

The Uniform Shop will be open on Tuesday, 5th August between 8.00am and 10.00am.

If you place an order for uniform, please remember to include payment in either cash or cheque (payable to St Bernadette's P&F Assoc). Thank you.



REMINDER: P & F MEETING WEDNESDAY 6TH AUGUST 7.30PM —LIBRARY HOPE YOU CAN JOIN US!





St Bernadette's Catholic Primary School

enrolling now for KINDERGARTEN 2015

Do you have a child due to start school next year?

- We invite you to collect your enrolment pack from either the school office / via email or via our website.
- School office: 9634 2898
- Email: BernadetteCH@parra.catholic.edu.au
- Website: http://www.stbernadetteschill.catholic.edu.au
- All enrolment forms are to be returned to the school office by Friday, 11th April, 2014.



Quality counts

Catholic Schools

HILLSBUS AMENDMENTS: PARENTS PLEASE NOTE

The amended timetable shows route 3545 at 3:08pm being renumbered to route 3745 and now departing at 3.00pm with minor route adjustments. Also route 3519 at 2:50pm now departing at 2:56pm.



For further information please visit the website: www.cdcbus.com.au

NEW WEBSITE DETAILS

Child Protection

A reminder for parents who are required to **'UPDATE'** their child protection and for **'NEW'** parents to the school.



It is a Diocesan requirement that parents who volunteer at school must complete the Child Protection Module ONLINE. This training is available online at:

http://www.kidsguardian.nsw.gov.au and MUST be completed every two years. This is the new link as of July 2014.

All parents must have completed the above prior to helping in the classroom, on excursions, sport days, tuckshop, uniform shop or any help around the school. KENTHURST PRE SCHOOL FETE SUNDAY 3 AUGUST 10-3PM ROTARY PARK NELSON STREET KENTHURST

Rides, giant raffle, ponies, kid's craft, café Hot food, plants, cup cake decorating, BBQ Face painting, entertainment, showbags and more!

Good Guys' Vouchers

Just a reminder that if you make a purchase at the Good Guys, to ask for your 'School Reward Vouchers'. The school buys goods from them to help with A-thons, Fun Fairs etc.

Are you moving in 2014?

To estimate enrolments for 2015, it would be appreciated if the school could be notified in writing of any children who may be leaving St Bernadette's at the end of the year from grades other than Year 6.



If your child is changing schools for 2015 please let us know. We have considerable pressure for enrolments into Year 5 and 6 and would like to offer positions to these families. You are reminded that CEO policy is that families need to give the school one full terms notice in writing in these circumstances.